

THE NECESSITY OF PREPARING CIVILIANS FOR EMERGENCY SITUATIONS

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As it can be seen from the situation on the territory of Ukraine, it is very important to know and follow the basis rules of life safety. That is why is not only important but vital to follow the following instructions:

information as the basis for preparedness.

Disseminating information about potential emergencies (EM) and appropriate actions reduce panic and errors during crises.

educational programs.

Regular training sessions for various population groups, including schoolchildren, students, employees, and the general public, help develop essential emergency response skills. simulations and practical drills.

Organizing training events that simulate real emergencies enables people to practice correct actions, such as evacuation, first aid, or using protective equipment.

education in schools and universities.

Introducing safety-related subjects in schools and higher education institutions forms the foundation of a safety culture among young people.

use of modern technologies.

Developing mobile apps, online courses, and video lessons makes training accessible to a wider audience.

The role of the government in public preparedness.

Providing informational materials, supporting training infrastructure, and implementing national programs improve overall readiness levels.

cooperation with civil organizations.

Involvement of volunteers and community initiatives helps expand outreach and enhance local training efforts.

training for specific threats.

Depending on the region, training should address specific risks, such as earthquakes, floods, fires, or military conflicts.

motivating people to learn.

Sharing real-life examples and emphasizing the importance of knowledge and skills can motivate people to participate in training actively.

evaluating training outcomes.

Conducting tests, surveys, or practical assessments helps measure the level of preparedness and improve training programs.